

# **Personal Support Worker**



#### Overview

# Feel you have the care, compassion and drive to help people?

Personal Support Workers (PSW) are important members of the health care team who assist persons with the tasks of daily living such as home management, personal care, family responsibilities, and social and recreational activities through a holistic approach. As a PSW, you will work with nurses and other health care professionals, assisting them with patient care. The PSW is also a vital part of community health care - and often the person who really makes someone's day when they need a smile the most.

Confederation College's Personal Support Worker one-year certificate program will give you the skills you need to get into the workforce faster. During this program, you'll take courses in supportive care, professional growth, helping relationships and assisting clients across the lifespan.



## **Top Highlights**

- · Program includes in-the-field training to obtain the hands-on, practical experience you need
- Meets all guidelines set by the Ministry of Health and Long-Term Care
- Allows you to launch your career in health care in just one year



### **Employment Opportunities**

Graduates may find employment in private agencies, retirement homes, home-care settings, nursing homes, hospices or long-term care facilities.



# **Experiential Learning**

Labs. Placement



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### **Admission Requirements**

- Ontario Secondary School Diploma (or equivalent) with courses from the College (C), University (U), University/College (U/C), or Open (O) preparation levels with Grade 12 English (C/U) Level.
- or successful completion of the Mature Student Assessment.
- or successful completion of the General Education Development Test (GED).
- or appropriate credits from the Academic and Career Entrance program (ACE).

## **Alternative Pathways**

If you do not meet these admission requirements, we encourage you to consider the College Access or General Arts and Science Certificate or General Arts and Science Diploma programs or Academic and Career Entrance program (ACE); if you successfully complete one of these programs, you will be eligible to apply to programs in the Community Services area.

#### **Program Considerations**

This program demands physical capabilities to facilitate the lifting and supporting of patients, maneuvering hospital equipment and fine motor skills for completion of technical tasks.

## **Mandatory Fieldwork/Placement Requirements**

- Prior to entering any clinical setting you MUST HAVE all of your field requirements completed.
- If your field requirements are not completed prior to starting your placement, you will not be allowed to begin placement. To avoid disappointment, the process of getting your requirements completed should be done prior to the beginning of semester.
- Visit confederationcollege.ca/program/personalsupport-worker/as-a-student for a full list of requirements.

### First Semester

PW 101	Supportive Care Theory I
CS 050	College Writing
PN 128	Therapeutic Nurse Client Relationships
PW 100	Fundamental Skills for PSW Practice
PW 110	Fundamental Knowledge of PSW Practice
PW 120	PSW Roles & Responsibilities
PW 130	Anatomy & Physiology

### **Second Semester**

PW 200	PSW Clinical Practice I3
PW 208	PSW Clinical Preceptorship
	Advanced Fundamental Knowledge
	of PSW Practice
PW 233	PSW Care Across the Lifespan
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